

## What's on in May 2019?

### Opening Hours

Mon - Sat 10am – 5.30pm  
Sunday 11am – 5pm

### Exhibition at The GALE Centre; Lynne Forrester, 29<sup>th</sup> April – 26<sup>th</sup> May



We're delighted to have Lynne Forrester exhibiting with us! She works mainly in soft pastels and oil paints to specialise in velvety-soft seascapes and cloudscapes inspired by the beautiful scenery on the Isle of Skye and the Hebrides. Pop in to The GALE Centre and see her wonderful work before the 26<sup>th</sup> May!

### Absolute Beginners Art Workshop; 25 May at The GALE Centre

Have you always been interested in art? Wanted to learn to draw and paint but don't know where to start? Or have you been to a few workshops and classes and found it all a bit technical? If so, this workshop is for you!

Cindie Reiter is an artist based in Lochcarron but she's coming to The GALE Centre to run a one day workshop on Saturday 25<sup>th</sup> of May from 10.30 – 4pm! She'll lead you through some simple techniques to give you a starting place for your own art. We'll have a look at some of the tools needed for improving your

practice. discuss basic materials so that you can invest in the right materials without breaking the bank and have some fun along the way!



*Some of Cindie's latest work*

The workshop is free but a donation to the GALE centre would be much appreciated. For more information and to book your place please contact [Rose@galeteam.co.uk](mailto:Rose@galeteam.co.uk)



*A picture from last year's painting workshop with Cindie!*

### Stickman Hunt and Primrose walk; Fun in Laide Woods!

We were delighted to join in the fun on the Primrose Walk and Duck Race on 4<sup>th</sup> May! Courtesy of Laide and Aultbea Community Woodland!

A sudden downpour at the start provided a pause in which everyone sheltered in the beautiful yurt and enjoyed an animated reading of the Stickman story!

Following the Laide Wood events (congratulations to the winners of the duck race!) families took a walk around the trail, each child finding their favourite Stick man, a selection of whom had been carefully hidden in the trees. 🌲 😊 🌲 🌲

Then back at the yurt the children, with a little help from the grown-ups, made a felt scarf to tie around their Stick man's neck and take him home.

Thanks to everyone who joined in the fun, to all at Laide Wood for use of and erecting/taking down the yurt and allowing us to join them, and to volunteers who helped with the many aspects of running the event.

Our Outdoor Learning team (aka Fee and Jenni) will be holding more fun activities for families so we hope to see you soon! If you'd like to get involved with the Outdoor Learning Team we always welcome volunteers. Get in touch with [jenn@galeteam.co.uk](mailto:jenn@galeteam.co.uk) for more info 😊 about our other activities and how you can take part!



*Fee reading the stickman story in the yurt!*

### Fresh Produce from the GALE allotments!

Our growing project team have been busy in our allotments and we have lots of plants ready and needing new homes! Come into The GALE Centre and pick one up! Here we have Tomato Viagra (yes, viagra!) and Tomato Riberoides!



*Our local produce stand in The GALE Centre is filling up!*

**GALE is a membership organisation open to all. It is a Scottish Registered Charity and works on social, economic and environmental projects that help to build strong, resilient communities in the Gairloch and Loch Ewe area. Become a member to support our work or contact us to find out more about any of our projects.**

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**The GALE Centre, Achtercairn, Gairloch, IV21 2BH  
www.galeactionforum.co.uk**

**enquiries@galeactionforum.co.uk  
01445 712071**